



LAKEWOOD MIDDLE SCHOOL

WEEKLY CALENDAR

Monday, March 25th

Lunch: Orange chicken, savory brown rice, steamed broccoli, Asian sesame coleslaw, frozen lemon berry juice cup

Tuesday: March 26th

Lunch: Chicken nuggets, cheesy mashed potatoes, cauliflower, fresh strawberries, BBQ sauce

3:30pm: 7/8th grade A/B Boys Tennis VS Valley center @ The midway tennis courts Leave Time: 1:45pm

Wednesday, March 27th

7:05-7:40am: Crisis Team Meeting – Staff development room

Lunch: Beef fiestada pizza, black beans, orange peppers, tropical fruit

Thursday, March 28th

Lunch: Chili, corn chips, oven roasted potato wedge, fresh baby carrots, strawberry craisins, cinnamon knot

3:30pm: 7/8th grade A/B Track @ Salina Stadium Leave Time: 2:00pm

Friday, March 29th

Lunch: Mozzarella stick, marina sauce, peas, garden salad, fresh apple slices

School News

- Congratulations to Lucas Cosens for being recognized as our Renaissance Student of the Week. Lucas is respectful to his teachers and peers. He works hard to find answers when he doesn't know them and other classmates look to him for guidance when working. He has volunteered his time at the school and we can always count on him to work to the best of his abilities. Way to be a STaR (safe, teachable, and respectful) student Lucas!
- Our state assessment schedule for this year is below. Scores on the assessment are used for placement in the following years classes. We ask that all students to do their best. We encourage everyone to come to school well rested.

KSA ELA	ELA	6	3/19 - 3/20 (in shelter)
	ELA	7	3/21 - 3/22 (in shelter)
	ELA	8	3/25 - 3/26 (in shelter)
KSA Science	Science	8	3/21 - 3/22 (in library)
KSA Math	Math	7	3/27 - 3/28 (in shelter)
		8	4/2 - 4/3 (in shelter)
		6	4/4 - 4/5 (in shelter)

- Our incentive celebration for 6th and 7th graders who had no failing grades during the third quarter, are not chronically absent, and who had not disciplinary referrals during the 3rd quarter will take place on Friday, April 5 from 6:00pm to 8:00pm at LMS. Students who qualified will be getting an invitation in the coming weeks.

Community Resources

Food/Commodities

*Salina Emergency Food Bank

- Food distribution times are **Monday – Friday from 1-2:45pm** and **Mondays from 5-6:45pm**.
- Individuals/families can access the food bank once every 7 days (only 3 times a month).
- Needed information:
 - Photo ID for anyone in the home 16 years and up.
 - Name, DOB, and SSN (SSN not mandatory, but preferred if available).
 - Proof of a Saline Co. Address (Utility bill, mail with name and address, lease)
 - There are no income guidelines to utilize this resource.
- The lobby is currently closed – Food bank staff are utilizing the front windows to communicate with individuals.
- Call 785-827-7111 for questions regarding food distribution, financial aid availability, etc.

Parenting Resources

• CAPS Parenting Classes

- The Grief Recovery Method Wednesdays, March 6, 20, 27 and April 3, 10, 17, 24 and May 1 from 6:00-8:00. The Grief Recovery Method Support Group is an 8 week program that provides a safe environment, using evidence-based practices, for you to look at your old beliefs about dealing with loss, which losses have affected your life and take actions that will lead you to complete unresolved emotions that may still be causing you pain.
- Internet Safety: Child Predators in the Mobile Age Wednesdays, March 20, 27 and April 3 6:00-8:00. How to keep your kids safe from the ever-changing internet including topics like cyberbullying, sextortion, sexting, online grooming, social media and gaming apps.
- The Explosive Child Mondays, April 8, 15, 22 & 29 from 6:00-8:00. This class is based on the book of the same title by Dr. Ross Greene, PH.D and New York Times bestselling author. If your child lacks the skills to be flexible, handle frustration and solve problems, this class is for you.
- El Proyeacto Padre (The Parent Project taught en Español) Thursdays, January 18-March 21 from 5:30-8:00.. This 10-week series is designed for parents raising difficult or out-of-control adolescents, ages 10 and up. The Parent Project provides concrete, no-nonsense solutions to even the most destructive adolescent behaviors.

Additional info:

- Classes are FREE to attend!

- Free childcare for children under 12 (pre-registration required).
- In-Person classes are held at the CAPS office, 155 N. Oakdale Ste. 200, Salina, KS.
- Times of classes and registration can be found at www.capsosalina.org/parenting-classes/
- **Autism Parent Support Group**
 - 1st Tuesday of each month from 5:30-6:45
 - OCCK office 1710 W. Schilling Rd. Salina, KS 785-827-9383
 - Zoom or Teams link available if unable to attend in person!
- **1800children.org**
 - 24/7 parent support. No question is too big or too small when it comes to parenting! Find helpful resources about food, housing, parenting, safety, and legal supports in Salina through this website, or by calling 1-800-CHILDREN. The support provided is free and confidential and available in multiple languages.

Other

- **Laundry Love**
 - Quarters and laundry supplies are provided for those who need them to wash and dry their laundry.
 - March 19th from 5:00-9:00 at Speedy Wash Laundromat on Iron Ave.
 - March 23rd from 9:00-1:00 at Missing Sock Laundromat on Ohio.
 - March 23rd from 12:00-4:00 at Quick and Clean Laundromat on Crawford.
- **Transportation**
 - Youth ages 7-18 will be able to purchase a Get On & Go Spring Youth Bus Pass for \$10. The pass will be good for unlimited rides on Salina CityGo from March 1st to May 31st. Youth must show the drivers their “Get On & Go” pass when they board the buses. Face masks and social distancing policies will be followed as needed.
 - The Get On & Go Fall Bus Pass is available for purchase online at www.salinacitygo.com and Buy A Pass, with options for pick up. They will also be available at the OCCK Transportation office, 340 N. Santa Fe.

A SALINA FOOTBALL MOVEMENT

YOUTH AERIAL FOOTBALL

3RD-4TH GRADE // 5:45-6:30 PM

5TH-6TH GRADE // 6:45-7:30 PM

**NO COST...
JUST SHOW UP
SHOW OUT &
PLAY
YOUR
GAME**

ALERTS
WEATHER
TIME CHANGES
CANCELLATIONS

GET IN THE KNOW...

**TEXT TO: 81010
MESSAGE: @1springfb**

**2 GAMES EACH NIGHT
AT SALINA STADIUM
APRIL 3 / APRIL 10 / APRIL 17 / APRIL 24**